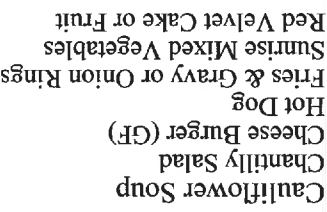
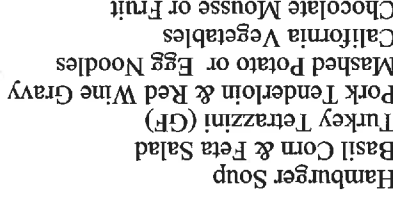
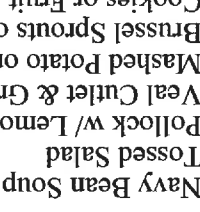
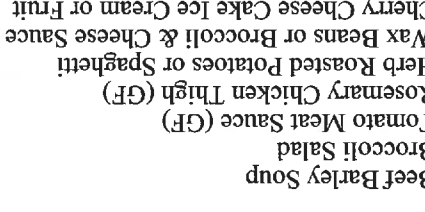
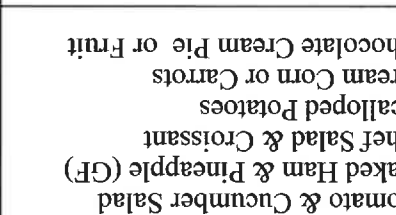
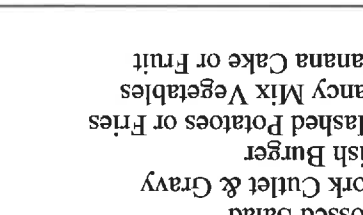
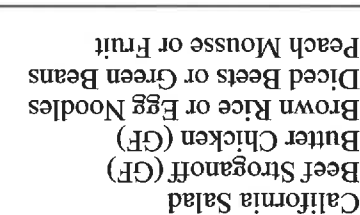
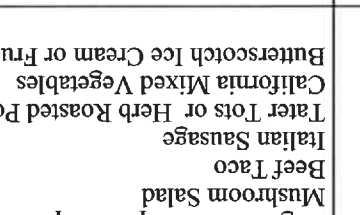
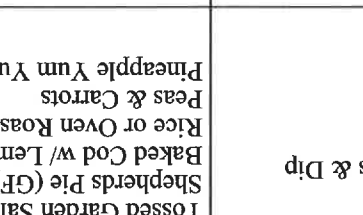
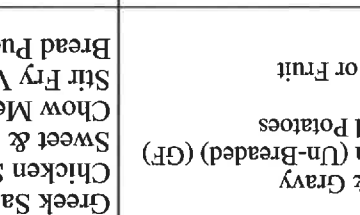
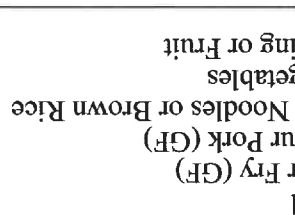
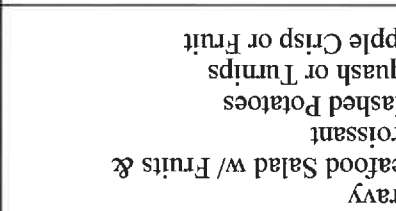
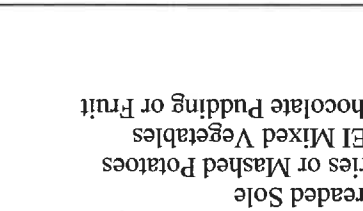
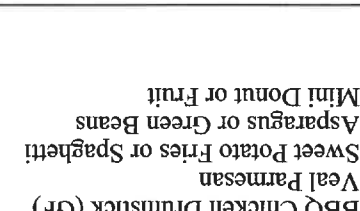
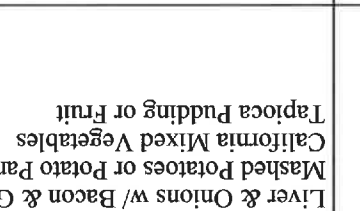
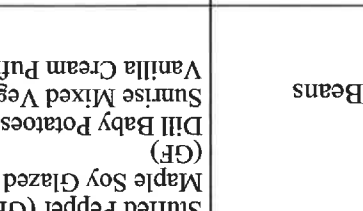
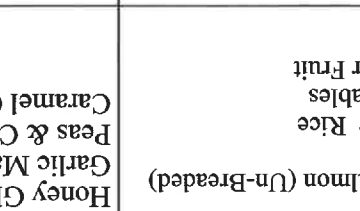
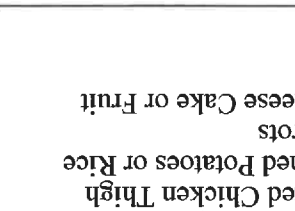
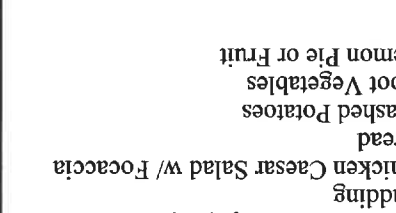
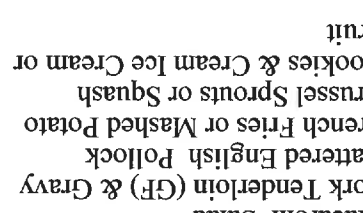
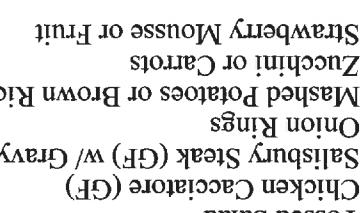
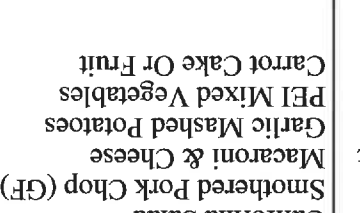
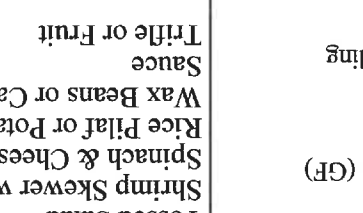
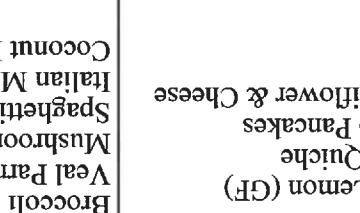
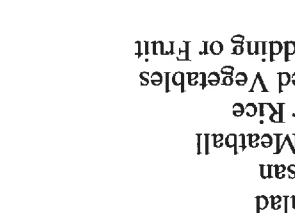


JULY 2026 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY CL - Common Lounge CR - Craft Room F1 - 1st Floor F2 - 2nd Floor GR - Games Room HDR - Harvest Dining Rm P - Patio T - Theatre	***** Every Tuesday recycling 9-3 9 AM Lab work		1 CANADA DAY OFFICE CLOSED 2:00 Jerry Olson (HDR) 3:00 Card Games (GR) 6:15 2\$ Pool Tourney (GR)	2 WEAR BLUE DAY SL4 1st 9:45 Chair Exercise 10:15 Walk About Just on your own. 1:00 \$\$Bingo\$\$ (CL) 2:30 Bible Study (L)	3 WEAR PURPLE DAY 9:40 RC Communion Service (T) 10:30 RC Coffee Time (GR) 11:30-1 Tuck Shop SL4 (CL)1:30 Finnegan Therapy Dog	4 1:00 Glenn's Movie Time (T) "Viewers Choice" 7:00 \$ Card Bingo (CL)
5 Bottle Pick Up Please Leave outside your door 2:00 Country Mix (HDR) 7:00 Bumper Shuffleboard (GR)	6 Wear Red Day 10:15 Walk About Just on your own 1:00 Nail Spa (GR) 3:30 Non-Denominational Church Service (T) 7:00 Shuffleboard (GR)	7 Wear Pink Day SL4 2nd 9:45 Chair Exercise 10:00Music &Fellowship (GR) 10:15 Whoga (T) 1:00 Ceramic Flower Craft (CR) 3:00 Crib (GR)	8 10:15 Chair Tai Chi (T) 1:45 Birthday Party (HDR) 3:00 Card Games (GR) 7:30 Suds In A Bucket (HDR)	9 WEAR BLUE DAY SL4 1st 9:45 Chair exercise 10:15 Ladder Golf (CR) 1:00 \$\$BINGO\$\$ (CL) 2:30 Bible Study (L)	10 WEAR PURPLE DAY 10:30-1:00 Social Committee Bake Sale 9:40 RC Mass (T) 1030 RC Coffee Time (GR) SL4 1:00 Games with Kathy & Linda (GR) 2:00 Drew Darley (CL)	11 1:00 Glenn's Movie Time (T) "Viewers Choice" 3:00 Tickers Toons Music (CL)
12 7:00 Bumper Shuffleboard (GR)	13 Wear Red Day 10:15 Walk About (CR) 1:00 CD Key Holder (CR) 2:00 Comedy (T) 7:00 Shuffleboard (GR)	14 Wear Pink Day SL4 2nd 9:45 Chair Exercise 10:00 Music & Fellowship (GR) 10:15 Walk About (CR) SL4 1:00 Games with Kathy & Linda (GR) 3:00 Crib (GR)	15 9:30 Public Library (L) 10:30 Pet Visit with Joyce (Patio) 2:00 Rusty Nails (HDR) 3:00 Card Games (GR) 6:15 2\$ Pool Tourney (GR)	16 WEAR BLUE DAY SL41st 9:45 Chair Exercise 10:15 Chair Tai Chi (T) 1:00 \$\$ BINGO \$\$ (CL) 2:30 Bible Study (L) 2:30 Social committee Meeting (T)	17 WEAR PURPLE DAY 9:40 RC Communion Service (T) 10:30 RC Coffee Time (GR) 1:00 Gathering Mug (CL) SL4 (CL) 1:30 Finnegan Therapy Dog	18 11-2 Donnas Bake Sale 1:00 Glenns Movie Time (T) "Viewers Choice" 3:00 Margie's Music & Motivation (CL) 7:00 \$ Card Bingo (CL)
19 7:00 Bumper Shuffleboard (GR)	20 Wear Red Day 10:15 Walk About (CR) 1:00 Horse Shoe Craft (CR) 2:00 Western Movie (T) 7:00 Shuffleboard (GR)	21 Wear Pink Day SL4 2nd 9:45 Chair Exercise 10:00 Music & Fellowship (GR) 10:15 Ladder Golf (CR) 1:00 SL4 Resident Council 2:00 Als Pals (HDR)	22 MH RODEO 22—25 10:15 Walk About (CR) <i>1:00 Start Rodeo Scavenger Hunt Hand in before bingo tomorrow Announce winner after Bingo</i> 3:00 Card Games (GR)	23 WEAR BLUE DAY 9-10 Pancake Breakfast 9-11 Al's Pals (HDR) SL4 1st 9:45 Chair Exercise 1:00 \$\$ BINGO \$\$ (CL) 2:30 Bible Study (L)	24 WEAR PURPLE DAY 9:40 RC Mass (T) 10:30 RC Coffee Time (GR) SL4 11:30 Rodeo Ice Cream Cart 12:30 Main Foyer 1:30 Giving Back Duo (T)	25 1:00 Glenn's Movie Time (T) "Viewers Choice" 11-3 Corrina's Sourdough breads & things (TS)
26 7:00 Bumper Shuffleboard (GR)	27 Wear Red Day 10:15 Walk about (CR) SL4 1:00 Card Bingo (CL) 1:00 Spa Nails (GR) 7:00 Shuffleboard (GR)	28 Wear Pink Day SL4 2nd 9:45 Chair Exercise 10:00Music & Fellowship 10:15 Walk About (CR) 1:00 Hear Canada (CL) 3:00 Crib (GR) 7:30 Rodi &The Guys (HDR)	29 10:15 Chair Tai Chi (T) 1:00 TP roll Birdie (CR) 3:00 Card Games (GR) 6:15 2\$ Pool Tourney (GR)	30 WEAR BLUE DAY SL4 1st 9:45 Chair Exercise 10:15 Cornhole (CR) 1:00 \$\$ BINGO \$\$ (CL) 2:30 Bible Study (L)	31 WEAR PURPLE DAY 9:40 RC Mass (T) 10:30 RC Coffee Time (GR) 11-2 Flo's Baking (TS) 1:00 Gathering Mug (CL) SL4 (CL)1:30 Finnegan Therapy Dog	

JULY 2026 MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat																					
 5 Mulligatawny Soup Tomato & Cucumber Salad Baked Ham & Pineapple (GF) Chef Salad & Croissant Scalloped Potatoes Cream Corn or Carrots Chocolate Cream Pie or Fruit	 6 French Onion Soup Tossed Salad Pork Cutlet & Gravy Fish Burger Mashed Potatoes or Fries Fancy Mix Vegetables Banana Cake or Fruit	 7 Belgian Cabbage Soup California Salad Beef Stroganoff (GF) Butter Chicken (GF) Brown Rice or Egg Noodles Diced Beets or Green Beans Peach Mousse or Fruit	 8 Vegetable Chickpea Soup Mushroom Salad Beef Taco Italian Sausage Tater Tots or Herb Roasted Potatoes California Mixed Vegetables Butterscotch Ice Cream or Fruit	 9 Potato Soup Macaroni Salad Chicken Wings w/ Veggies & Dip Pork Ragout (GF) Pasta or Fries Wax Beans or Corn Vanilla Pudding or Fruit	 10 Chicken Noodle Soup Tossed Garden Salad Shepherds Pie (GF) & Gravy Baked Cod w/ Lemon (Un-Breaded) (GF) Rice or Oven Roasted Potatoes Peas & Carrots Pineapple Yum Yum or Fruit	 11 Mushroom Soup Greek Salad Chicken Stir Fry (GF) Sweet & Sour Pork (GF) Chow Mein Noodles or Brown Rice Stir Fry Vegetables Bread Pudding or Fruit	 12 Broccoli Soup Tomato & Cucumber Salad Honey Dijon Pork Roast (GF) & Gravy Seafood Salad w/ Fruits & Croissant Mashed Potatoes Squash or Turnips Apple Crisp or Fruit	 13 Split Pea Soup Caesar Salad Meatloaf (GF) & Gravy Breaded Sole Fries or Mashed Potatoes PEI Mixed Vegetables Chocolate Pudding or Fruit	 14 Lentil Soup Coleslaw Ham & Cheese Quiche Liver & Onions w/ Bacon & Gravy Mashed Potatoes or Potato Pancakes California Mixed Vegetables Tapioca Pudding or Fruit	 15 Minestrone Soup Carrot Raisin Salad Chicken Quesadilla Beef Stew & a Biscuit Mashed Potato or Brown Rice Brussel Sprouts or Wax Beans Cookies or Fruit	 16 French Onion Soup Chantilly Salad Stuffed Pepper (GF) Maple Soy Glazed Salmon (Un-Breaded) (GF) Dill Baby Potatoes or Rice Sunrise Mixed Vegetables Vanilla Cream Puff or Fruit	 17 Corn Chowder Tossed Salad Pork Cutlet & Gravy Honey Glazed Chicken Thigh Garlic Mashed Potatoes or Rice Peas & Carrots Caramel Cheese Cake or Fruit	 18 Corn Chowder Tossed Salad Pork Cutlet & Gravy Honey Glazed Chicken Thigh Garlic Mashed Potatoes or Rice Peas & Carrots Caramel Cheese Cake or Fruit	 19 Cream of Celery Soup Mushroom Salad Roast Beef, Gravy (GF) & Yorkshire Pudding Chicken Caesar Salad w/ Focaccia Bread Mashed Potatoes Root Vegetables Lemon Pie or Fruit	 20 Hamburger Soup Macaroni Salad Pork Tenderloin (GF) & Gravy Battered English Pollock French Fries or Mashed Potato Brussel Sprouts or Squash Cookies & Cream Ice Cream or Fruit	 21 Chicken Rice Soup Tossed Salad California Salad Smothered Pork Chop (GF) Macaroni & Cheese Garlic Mashed Potatoes PEI Mixed Vegetables Carrot Cake Or Fruit	 22 Navy Bean Soup California Salad Waldorf Salad Farmer Sausage Beef & Cabbage Casserole (GF) Potato Wedge or Perogies Peas or Sauerkraut Topical Fruit Chiffon Pudding or Fruit	 23 Borscht Soup Tossed Salad Farmer Sausage Beef & Cabbage Casserole (GF) Potato Wedge or Perogies Peas or Sauerkraut Topical Fruit Chiffon Pudding or Fruit	 24 Cream of Mushroom Soup Tossed Salad Shrimp Skewer w/Lemon (GF) Spinach & Cheese Quiche Rice Pilaf or Potato Pancakes Wax Beans or Cauliflower & Cheese Sauce Trifle or Fruit	 25 Vegetable Chickpea Soup Broccoli Salad Vea Parmesan Mushroom Meatball Spaghetti or Rice Italian Mixed Vegetables Coconut Pudding or Fruit	 26 Carrot Squash Soup Louisiana Ribs (GF) Cold Plate w/ Macaroni Salad, Veggies & Dip, Cheese & Croissant Baked Potato Corn or Baked Beans Cherry Tart or Fruit	 27 Belgian Cabbage Soup Caesar Salad Tossed Salad Sweet & Sour Chicken Balls Peppered Beef (GF) Brown Rice Oven Roasted Potatoes Carrot Coins Butterscotch Ice Cream or Fruit	 28 Broccoli Soup Tossed Salad Spinach & Strawberry Salad Fried Chicken Honey Garlic Rib Bites Rice or Potato Wedge Parsnips or Brussel Sprouts Chocolate Pudding or Fruit	 29 Navy Bean Soup Spinach & Strawberry Salad Fried Chicken Honey Garlic Rib Bites Rice or Potato Wedge Parsnips or Brussel Sprouts Chocolate Pudding or Fruit	 30 Beef Barley Soup Tomato & Cucumber Salad Cheese Burger (GF) Baked Chicken Drumstick (GF) Fries or Rice Sunrise Mixed Vegetables Mini Eclair or Fruit	 31 Chicken Noodle Soup Sweet & Sour Pork (GF) Chili Lime Cod (GF) (Un-Breaded) Oven Roasted Potatoes or Brown Rice PEI Vegetables Cookies or Fruit	 32 Beef Barley Soup Tossed Salad Broccoli Salad Vea Parmesan Mushroom Meatball Spaghetti or Rice Italian Mixed Vegetables Coconut Pudding or Fruit