

MARCH 2026 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Bottle pick up leave outside your door 2:00 Country Mix Band (HDR) 7:00 Bumper Shuffle	2 10:15 Wii Fit (T) 1:15 Nail Spa (GR) 3:30 Non-denominational Church Service (T) 7:00 Shuffleboard (GR)	3 10:00 Bible Music & Fellowship (CL) 10:15 Tai Chi (T) 1:00 Tuesday Matinee (T) 3:00 Crib (GR)	4 9:30 Reflexology (T) 10:00 Mornings with Allyson 12:30-2:30 Tuck Shop 3:00 Card Games 6:15 2\$ Pool Tourney (GR) 7:00 Suds In A Bucket (HDR)	5 10:15 Tai Chi (T) 1:00 \$\$ BINGO \$\$ (CL) 2:30 Craft (CR)	6 9:40 RC Communion Service (T) 10:30 Coffee Time (GR) 1:00 Gathering Mug (CL) 1:30 SL4 (GR) Finnegan Therapy Dog	7 7:00 Card Bingo (CL)
8 100 Floor Curling (CL) 7:00 Voeller Band (HDR)	9 9:30 Reflexology (T) SL4 1:00 Card Bingo 7:00 Shuffleboard (GR)	10 10:00 Bible Music & Fellowship (CL) 10:15 Tai Chi (T) 1:00 Craft (CR) 3:00 Crib (GR)	11 10:15 Whoga (T) 1:45 Birthday Celebration (HDR) 3:00 Card Games 6:15 2\$ Pool Tourney (GR)	12 10:15 Tai Chi (T) 1:00 \$\$ BINGO \$\$ (CL)	13 9:40 RC Mass (T) 10:30 Coffee Time (GR) 2:00 Drew Darley (CL)	14 7:00 CARD BINGO (CL)
15 7:00 Bumper Shuffle Board (GR)	16 10:15 Whoga (T) 1:15 Nail Spa (GR) 2:00 DVW Music (HDR) 7:00 Shuffleboard (GR)	17 10:15 Tai Chi (T) 10:00 Bible Music & Fellowship (CL) SL4 11:30-12:30 St Pat Cart 2:00 Resident Council (T) 3:00 Crib (GR) 5:00 Piano Music with Johnson Philip with supper (HDR)	18 10:15 Wii Fit (T) 2:00 Rusty Nails (HDR) 3:00 Card Games 6:15 2\$ Pool Tourney (GR)	19 10:15 Tai Chi (T) 1:00 \$\$ BINGO \$\$ (CL) 2:30 Social Club Meeting (T)	20 9:40 RC Communion Service (T) 11:00 Coffee Time (GR) 11:30 Reflexology (T) 1:00 Gathering Mug (CL) 1:30 SL4 (GR) Finnegan Therapy Dog 7:00 2 B Flat (HDR)	21 3:00 Margie's Music & Motivation (CL)
22 1:00 Floor Curling (CL)	23 9:30 Reflexology (T) 1:00 Craft (CR) 7:00 Shuffleboard (GR)	24 10:00 Bible Music & Fellowship (CL) 10:15 Tai Chi (T) 1:00 Hear Canada (CL) 2:00 Tuesday TV (T) 3:00 Crib (GR)	25 10:15 Whoga (T) 1:00 Music & Devotional with Russ & Amanda (T) 3:00 Card Games 6:15 2\$ Pool Tourney (GR)	26 10:15 Tai Chi (T) 1:00 \$\$ BINGO \$\$ (CL) 7:00 Rodi & The Guys (HDR)	27 9:40 RC Mass (T) 11:00 Coffee Time (GR) 11-2 Flo's Baking (TS) 1:30 Giving Back (T) SL4 2:30 Card Games with Kathy & Linda (CL)	28 NEW 7pm to 9 pm Mixed Company Band (HDR)
29 7:00 Bumper Shuffle Board (GR)	30 10:15 Wii Fit (T) 1:15 Nail Spa (GR) SL4 1:00 Card Bingo 7:00 Shuffleboard (GR)	31 10:00 Bible Music & Fellowship (CL) 10:15 Tai Chi (T) 1:00 Craft (CR) 3:00 Crib (GR)	***** Every Tuesday Paper recycling 9-3 9:00 Lab work (T)			Common Lounge CL Games Room GR Craft Room CR Theatre T Harvest Dining Room HDR Tuck Shop T Patio P

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>MARCH 2026 MENU</h1>						
1 Borscht Waldorf Salad Cabbage Rolls (GF) Spinach & Cheese Quiche Potato Pancakes or Perogies Peas or Sauerkraut Apple Crisp or Fruit	2 Vegetable Chickpea Soup California Salad Chicken Burger Mediterranean Haddock(GF) Fries or Rice Brussel Sprouts or Corn Pineapple Yum Yum or Fruit	3 French Onion Soup Potato Salad BBQ Chicken Drumstick (GF) Veal Cutlet & Gravy Mashed or Sweet Potato Fries Wax Beans or Asparagus Strawberry Mousse or Fruit	4 Belgian Cabbage Soup Spinach & Strawberry Salad Tomato Meat sauce (GF) w/ Garlic Bread Chicken Divan (GF) Spaghetti or Brown Rice Green Beans or Carrots Lemon Pudding or Fruit	5 Broccoli Soup Carrot Raisin Salad Cheese Tortellini & Tomato Sauce Smothered Pork Chop (GF) Mashed Potatoes or Rice Sunrise Vegetables Carrot Cake or Fruit	6 Split Pea Soup Caesar Salad Breaded Pollock Beef Pot Pie w/ Gravy Fries or Mashed Potatoes PEI Mixed Vegetables Mini Donut or Fruit	7 Chicken Noodle Soup Tossed Salad Rosemary Chicken Thigh (GF) Mushroom Meatballs Oven Roasted Potatoes or Rice Peas or Cauliflower & Cheese Sauce Yogurt & Berries or Fruit
8 Beef Vegetable Soup Tossed Salad Pork Roast (GF) & Gravy Chefs Salad & a Croissant Mashed Potatoes Turnips or Carrots Chocolate Cream Pie or Fruit	9 Lentil Soup Chantilly Salad Chili Lime Cod (GF) Turkey Meatloaf (& Gravy) (GF) Mashed Potatoes or Rice Roasted Zucchini or Brussel	10 Corn Chowder Mushroom Salad Honey Garlic Rib Bites Butter Chicken (GF) Rice Herb Roasted Potatoes Green Beans or Corn Coconut Pudding or Fruit	11 Chicken Rice Soup Tossed Salad Beef Stroganoff (GF) Pork Tenderloin (GF) & Mushroom Gravy Mashed Potato or Egg Noodles Diced Beets or Carrots Blueberry Tart or Fruit Cookies or Fruit	12 Hamburger Soup Mushroom Salad Turkey Schnitzel & Gravy Hamburger Steak (GF) w/ Gravy & Onion Rings Mashed Potatoes Fancy Mixed Vegetables Rhubarb Custard or Fruit	13 Mushroom Soup Tossed Salad Fish Burger Farmer Sausage Potato Wedge or Oven Roasted Potatoes California Mixed Vegetables Black Cherry Ice Cream r Fruit	14 Tomato Basil Soup Broccoli Salad Herb Roasted Chicken Thigh (GF) Beef Taco Rice or Tater Tots PEI Vegetables Tapioca Pudding or Fruit
15 Mulligatawny Soup Caesar Salad Beef Pot Roast (GF), Gravy & Yorkshire Pudding Seafood Salad w/ Fruit & Croissant Creamy Mashed Potatoes Turnips or Squash	16 Cauliflower Soup Tossed salad Cod Loin w/ Lemon Teriyaki Chicken Drumstick (GF) Rice Herb roasted Baby Potatoes Sunrise Mixed Vegetables Strawberry Cheese Cake or Fruit	17 Chicken Leek Soup Creamy Dill & Tomato Salad Lamb Shepherds Pie Bangers Colcannon Potatoes Braised Red Cabbage or Peas Mint Ice Cream or Fruit	18 Beef Barley Soup Macaroni Salad Cheese Burger (GF) Sweet & Sour Pork (GF) Fries or Brown Rice Oriental Mixed Vegetables Vanilla Cream Puff or Fruit	19 Minestrone Soup Basil Corn & Feta Salad Macaroni & Cheese Chicken Drumstick (GF) Rice or Sweet Potato Fries Broccoli & Cheese or Zucchini Cookies & Cream Ice Cream or	20 Potato Chantilly Salad Shrimp Skewer w/ Lemon (GF) Chicken A La King (GF) Rice Pilaf or Egg Noodles California Mixed Vegetables Triple Chocolate Fudge Cake or Fruit	21 Cream of Celery Soup Tossed Salad Stuffed Pepper (GF) Pork Tenderloin w/ Red Wine Gravy Mashed Potatoes Peas & Carrots Chocolate Mousse
22 Carrot Squash Soup Coleslaw Louisiana Ribs (GF) Mushroom & Cheese Omelet (GF) Baked Potato or O'Brien Potatoes Corn or Baked Beans Black Forest Cake or Fruit	23 Cream Of Chicken Soup Cucumber & Tomato Salad Peppered Beef (GF) Fish Cake Brown Rice or Fries s Sunrise Vegetables Trifle or Fruit	24 Navy Bean Soup Greek Salad Quiche Lorraine Rosemary Chicken Thigh ((GF) Garlic Mashed Potatoes or Potato Pancakes Peas & Carrots Lemon Pudding or Fruit	25 Cream of Broccoli Soup Chantilly Salad Liver & Onions w/ Bacon & Gravy Turkey Schnitzel & Gravy Mashed Potatoes California Vegetables Cherry Tart or Fruit	26 Lentil Soup Broccoli Salad Beef Lasagna w/ Garlic Toast Chicken Quesadilla Herb Roasted Potatoes PEI Vegetables Bread Pudding or Fruit	27 Turkey Soup Tossed Salad Pollock w/ Dill & Lemon (Un-Breaded) (GF) Caramelized Meatloaf (GF) & Gravy Mashed Potatoes or Rice Green Beans or Brussel Sprouts Butterscotch Pudding or Fruit	28 Hamburger Soup Potato Salad Chicken Wings w/ Veggies & Dip(GF) Pork Cutlet & Gravy Mashed Potatoes or Fries Fancy Mix Vegetables Cookies or Fruit
29 Vegetable Chickpea Soup Mushroom Salad Baked Ham & Pineapple Glaze (GF) Chicken Caesar Salad & Garlic Toast Scalloped Potatoes Cream Corn or Turnips Pumpkin Pie or Fruit	30 Cauliflower Soup Carrot Raisin Salad Veal Cutlet &Gravy Sole (Breaded) Mashed Potatoes or French Fries Zucchini or Asparagus Mini Éclair or Fruit	31 French Onion Soup Tossed Salad Chili & a Biscuit BBQ Pork Chop (GF) Oven Roasted Potatoes or Rice Wax beans or Brussel Sprouts Yogurt & Berries or Fruit				