


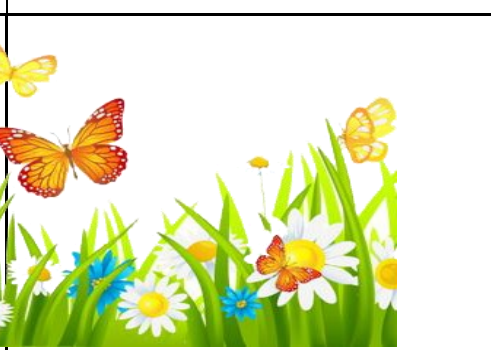
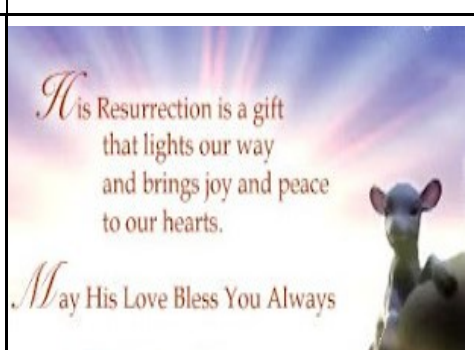







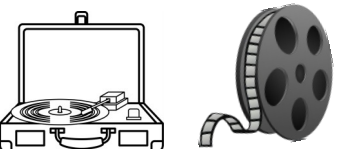



APRIL 2023 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CL - Common Lounge CR - Craft Room F1 - 1st Floor F2 - 2nd Floor GR - Games Room HDR - Harvest Dining Room PL - Parking Lot T - Theatre</p>						<p>1 APRIL FOOL'S DAY</p> <p>7:00 CARD BINGO (CL)</p> 
<p>2</p>  <p>2:00 Country Mix Band (HDR)</p>	<p>3</p> <p>10:15 Whoga (T)</p> <p>1:00 <u>Walkers & Wheelers</u></p> <p>1:30 "The Chosen" Series Season 2 (T)</p> <p>3:30 Lutheran Service (T)</p> <p>7:00 Shuffleboard (GR)</p>	<p>4</p> <p>9-3 Paper Recycling</p> <p>9:00 Lab Work (T)</p> <p>10:15 Exercise (T)</p> <p>10:45 Spiritual Meditation (T)</p> <p>1:00 Easter Egg Decorating (CR)</p> <p>1:30 "The Chosen" (T)</p>	<p>5</p> <p>BP Clinic 10 AM (CL)</p> <p>10:15 Whoga (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>1:30 "The Chosen" (T)</p> <p>7:00 The Bucket Band (HDR)</p>	<p>6</p> <p>Nat'l BURRITO Day</p> <p>10:15 You Tube Exercise Video (T)</p> <p>10:45 Laughter Yoga (T)</p> <p>1:00 BINGO (CL)</p> <p>2:00 "The Chosen" (T)</p>	<p>7</p> <p>GOOD FRIDAY</p> <p>OFFICE CLOSED</p> <p>10:00 RC Church (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>1:30 "The Chosen" (T)</p>	<p>8</p> 
<p>9</p> <p>EASTER SUNDAY</p> <p>10:00 RC Easter Mass (T)</p> <p>Plated Brunch (HDR) 11:30 - 1:00</p>	<p>10</p> <p>Nat'l Siblings Day</p> <p>10:15 Whoga (T)</p> <p>12:30 Monday Matinee (T) "The Chosen" Series</p> <p>1:00 <u>Welli Walkers & Wheelers</u> (GR)</p>	<p>11</p> <p>9-3 Paper Recycling</p> <p>9:00 Lab Work (T)</p> <p>10:15 Exercise (T)</p> <p>10:45 Spiritual Meditation (T)</p> <p>12:30 "The Chosen" (T)</p> <p>2:00 Kountry Friends (HDR)</p>	<p>12</p> <p>BP Clinic 10 AM (CL)</p> <p>Jersey Day</p> <p>10:15 Whoga (T)</p> <p>1:30 Horse Races (GR)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p>	<p>13</p> <p>10:15 Drum Fit (T)</p> <p>10:45 Instrumental Meditation (T)</p> <p>1:00 BINGO (CL)</p> <p>2:00 "The Chosen" (T)</p>	<p>14</p> <p>10:00 RC Church (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>1:30 SL4 Activity (F2)</p> <p>2:30-3:30 Tuck Shop</p>	<p>15</p> <p>7:00 CARD BINGO (CL)</p> 
<p>16</p>  <p>7:00 The Voeller Band (HDR)</p>	<p>17</p> <p>B12 CLINIC (10-3)</p> <p>10:15 Whoga (T)</p> <p>12:30 Puzzle Time (L)</p> <p>1:00 Stitch N Chat (L)</p> <p>1:00 <u>Walkers & Wheelers</u></p> <p>7:00 Shuffleboard (GR)</p>	<p>18</p> <p>9-3 Paper Recycling</p> <p>9:00 Lab Work (T)</p> <p>10:15 Exercise (T)</p> <p>10:45 Spiritual Meditation (T)</p> <p>2:00 Resident Council Meeting (T)</p>	<p>19</p> <p>BP Clinic 10 AM (CL)</p> <p>9:30 Public Library (L)</p> <p>10:15 Whoga (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>2:00 The Rusty Nails Band (HDR)</p>	<p>20</p> <p>Nat'l High Five Day</p> <p>10:15 You Tube Exercise Video (T)</p> <p>10:45 Laughter Yoga (T)</p> <p>1:00 BINGO (CL)</p>	<p>21</p> <p>10:00 RC Com. Service (T)</p> <p>11-3 Florence's Baked Goods (Tuck Shop)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>7:00 Echos Band (HDR)</p>	<p>22</p> <p>EARTH DAY</p> <p>Personal Touch Fashions Clothing Sale 10 am—3 pm</p> 
<p>23</p> 	<p>24</p> <p>10:15 Whoga (T)</p> <p>12:30 Monday Matinee (T) "Get Smart"</p> <p>1:00 <u>Walkers & Wheelers</u></p>	<p>25</p> <p>9-3 Paper Recycling</p> <p>9:00 Lab Work (T)</p> <p>10:15 Exercise (T)</p> <p>10:45 Spiritual Meditation (T)</p> <p>1:00 Flower Crafts (CR)</p>	<p>26</p> <p>BP Clinic 10 AM (CL)</p> <p>PRETZEL DAY</p> <p>10:15 Whoga (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>1:45 Birthday Celebration (HDR)</p> <p>7:00 2 B Flat Band (HDR)</p>	<p>27</p> <p>10:15 Drum Fit (T)</p> <p>10:45 Instrumental Meditation (T)</p> <p>1:00 BINGO (CL)</p>	<p>28</p> <p>Nat'l Superhero Day</p> <p>10:00 RC Church (T)</p> <p>1:00 <u>Walkers & Wheelers</u> (GR)</p> <p>1:30 SL4 Activity (F1)</p> <p>2:30-3:30 Tuck Shop</p> <p>7:00 Old Time Records (CL)</p>	<p>29</p> <p>7:00 PURE FLIX Movie Night (T)</p> 
<p>30</p>  <p>Plated Brunch (HDR) 11:30 - 1:00</p>						

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Cream of Broccoli Soup Coleslaw Cheese Burger Chicken Cacciatore Potato Wedge or Rice Mixed Vegetables Chocolate Mousse or Fruit
2 Hamburger Soup Mandarin Beet Salad Roast Turkey (GF), Stuffing & Gravy Chef Salad & Croissant Mashed Potatoes Green Beans or Turnips Pumpkin Pie or Fruit	3 Beef Noodle Soup Chantilly Salad Pork Chop (GF) & Mushroom Gravy Chili (GF) & Corn Muffin Mashed Potatoes or Rice Sunrise Vegetables Gingerbread Cake or Fruit	4 Corn Chowder Mushroom Salad Veal Cutlet & Gravy Turkey A La King (GF) Mashed Potatoes or Egg Noodles Asparagus or Corn Rice Pudding or Fruit	5 Cream Of Mushroom Soup Waldorf Salad Spinach & Cheese Cannelloni with Alfredo Sauce Apple Honey Pork Loin & Gravy (GF) Mashed Potatoes or Jasmine Rice Peas or Carrots Yogurt & Berries or Fruit	6 Chicken Vegetable Soup Ichiban Salad Beef Stir Fry (GF) Ham & Cheese Quiche Mashed Potatoes or Rice Stir-Fry Vegetables or Zucchini Pecan Pie or Fruit	7 Navy Bean Soup Caesar Salad Shrimp Skewer (GF) Vegetarian Lasagna & Garlic Toast Rice or Mashed Potato Fancy Mixed Vegetables Carrot Cake or Fruit	8 French Onion Soup Potato Salad BBQ Chicken Drumstick (GF) Farmer Sausage with Onions & Gravy Baked Potato or Rice Cauliflower with Cheese Sauce or Wax Beans Tapioca Pudding or Fruit
9 Tomato Soup Carrot Raisin Salad Baked Ham & Pineapple Ring (GF) Seafood Salad w/Fruit & Salad (GF) & Croissant Scalloped Potatoes or Rice Cream Corn or Squash Strawberry Shortcake or Fruit	10 Cauliflower Soup Rainbow Salad Beef Stroganoff (GF) Butter Chicken (GF) Egg Noodle or Rice Sliced Beets or Brussel Sprouts Bread Pudding or Fruit	11 Chicken Rice Soup Broccoli Salad Smoked Sausage Baked Haddock (GF) Parisian Potatoes or Rice Parsnips or Carrots Cookies or Fruit	12 Minestrone Soup Coleslaw BBQ Pork Ribs (GF) Chicken Stew (GF) Baked Potato or O'Brien Potato Mixed Vegetables or Baked Beans Coconut Cream Pie or Fruit	13 Pea Soup California Salad Teriyaki Pork Chop (GF) Liver & Onions with Bacon & Gravy Mashed Potatoes or Rice Roasted Zucchini or Broccoli Date Square or Fruit	14 Manhattan Clam Chowder Cauliflower Salad Baked Cod & Tartar Sauce Rosemary Chicken Thigh (GF) Rice or Fries Fancy Mixed Vegetables Trifle or Fruit	15 Beef Vegetable Soup Diplomat Salad Turkey Schnitzel & Gravy Sweet & Sour Pork (GF) Mashed Potato or Fried Rice Oriental Mixed Vegetables Pineapple Yum Yum or Fruit
16 Vegetable Soup Basil & Feta Corn Salad Beef Pot Roast (GF), Gravy, Yorkshire Pudding Cold Plate (Deli Meat, Cheese, Veggies & Dip) & Croissant Creamy Mashed Potatoes Oven Roasted Root Vegetables	17 Cream Of Broccoli Soup Greek Salad Honey Garlic Chicken Thigh (GF) Herb Baked Fish Fillet (GF) Parisienne Potatoes or Rice Sunrise Vegetables Brownie or Fruit	18 French Onion Soup Cabbage Mango Slaw Beef Burgundy (GF) Pork Cutlet & Gravy Mashed Potato or Egg Noodles Cauliflower & Cheese Sauce or Carrots Strawberry Mousse or Fruit	19 Mushroom Soup Macaroni Salad Chicken Wings (GF) & Veggies & Dip Stuffed Pepper (GF) Mashed Potato or Rice PEI Vegetables Tiramisu or Fruit	20 Chicken Leek Soup Cucumber & Tomato Salad Fennel Pork Tenderloin (GF) Turkey Burger Sweet Potato Fries or Rice Mixed Vegetables Gingerbread Cake or Fruit	21 Beef Gumbo Rainbow Salad Shepherds Pie (GF) & Gravy Baked Salmon (GF) Herb Buttered Potatoes or Rice Peas or Carrots Chocolate Pudding or Fruit	22 Turkey Soup Carrot Raisin Salad Honey Mustard Boneless Pork (GF) Salisbury Steak, Onion Rings & Gravy Mashed Potatoes Squash or Corn Strawberry Parfait
23 Italian Wedding Soup Broccoli Salad Veal Roast & Gravy (GF) Chef Salad & Croissant Mashed Potatoes Fancy Mixed Vegetables Boston Cream Pie or Fruit	24 Chicken Vegetable Soup Pear & Carrot Salad Lasagna & Garlic Bread Fried Chicken Potato Wedge or Rice Brussel Sprout or Wax Beans Date Square or Fruit	25 Wonton Soup Oriental Noodle Salad Ginger Beef & Spring Roll Sweet & Sour Chicken Balls Fried Rice or Mashed Potato Stir-Fry Vegetables Custard Tart & Fortune Cookie or Fruit	26 Navy Bean Soup Waldorf Salad Tomato Meat Sauce (GF) Fennel Pork Tenderloin (GF) & Gravy Mashed Potato or Spaghetti Red Cabbage or Carrots Peach Mousse or Fruit	27 Borscht Caesar Salad Cabbage Rolls & Sausage Beef Stew & Biscuit Mashed Potatoes or Perogy Peas or Sauerkraut Carrot Cake or Fruit	28 Beef Barley Soup Macaroni Salad Herb Roasted Chicken Thigh (GF) Vegetarian Chili & Biscuit PEI Vegetables or Broccoli/Cheese Sauce Parisienne Potato Cherry Tart or Fruit	29 Tomato Basil Soup Chantilly Salad Cowboy Steak (GF) Chicken Breast (GF) & Mushroom Gravy Corn or Squash Garlic Mashed Potatoes or Rice Yogurt & Berries or Fruit
30 Potato Soup Mandarin Beet Salad Pork Roast (GF) & Gravy Chicken Caesar Salad & Garlic Toast Roasted Potatoes California Vegetables Apple Pie or Fruit	31 Chicken Noodle Soup Diplomat Salad Salmon (GF) & Hollandaise Sauce Turkey Schnitzel & Gravy Mashed Potato or Egg Noodle Cauliflower & Cheese Sauce or Green Beans Pineapple Yum Yum or Fruit					