



The Wellington Whistler

Upcoming Events

**Paper Recycling Every
Tuesday 9-4 PM**

**August 3rd
Antique Car Show**

**August 8th
Lutheran Service**

**August 16th
Medicine Hat Library**

**August 17th
Birthday Party**

**August 28th
Sunday Brunch**

***CHECK YOUR
CALENDAR FOR A
VARIETY OF BANDS
AND FRIDAY SOCIALS***

Coming from Ontario and as a fairly new resident to the City of Medicine Hat, there are many things that I have come to identify and enjoy as particularly Western and unique to Medicine Hat. High on that list is the Stampede and Rodeo.

It was several years ago that I attended my first Stampede and Parade and since joining The Wellington, I've enjoyed our Stampede breakfasts and spirit each year!! One of my fondest memories is of one of our dear past residents, Katie Marshall, who donated three custom made suits that she had made for herself and her husband Mike to wear during the parades. Katie's sewing talents were evident, with the sequins running down the legs and the beautiful embroidery work that she had crafted, so lovingly on each jacket. This weekend, we will have two of our grandchildren visiting from Edmonton to help us celebrate this year's Stampede. The wonder of it all in those young eyes is something I look forward to experiencing. There is no doubt, we will spend many hours taking in the rides and exhibits. We are proud to call Medicine Hat home and will enjoy all the magic of "The Stampede". Have a fun filled weekend. *Mary Lou*

Resident Council News 'n Views

Executive Council

We hope that everyone is having a great summer! It has been exciting to see residents and friends enjoying time under the canopy on the terrace.

We would like to welcome all the new residents that have joined us over the past few months and hope that you will participate in the many activities there are to enjoy. Our next general meeting will be in September.

Library Committee

Thanks to the secret elves that are keeping the library and puzzle room so tidy. The library is one of the special features when someone tours The Wellington. Don't forget that the **Medicine Hat Library** will be here on **Tuesday, August 16th at 10:00 am**. Please join us to see what is new.

Social Committee

The Stampede Pancake breakfast was another huge success. The food was delicious and the Hidell Pioneers provided great musical entertainment, to make the kick-off to the Stampede lots of fun.

Antique Car Show

Residents, family and staff have not grown tired of having the antique car show in the parking lot. We are thrilled to announce our fourth show is right around the corner. ***Come out and join in the fun and refreshments Wednes-***

day, August 3rd at 6:45 pm in the parking lot.

Spiritual Committee

It was very nice to see some of the families of residents who have passed away, at our Celebration of Life service. Our thanks to Gary Goran, our celebrant and Dorothy on piano, and the volunteers, who helped to make the celebration so peaceful.

The Lutheran Church Service has moved to **Monday, August 8th at 3:30** in the Chapel.

The next Sunday Church Service will be **August 14th at 2:00 pm** in the Chapel. Residents are most welcome to come to any service of their choice.

Tuck Shop

Business is going well and the product line is extensive. If there are special items that you are looking for, kindly ask one of the volunteers. Speaking of volunteers, we sure could use a few more!!! If you have a couple of hours, every six weeks or so, please contact Penny. Thank You.

Gardening Committee

We hope that you are enjoying the array of flowers in the courtyard and the front of our home. The little lilac bushes are having their second show of colour and the cages are protecting them from the deer. The rose bushes have had a wonderful show of blooms this year,

From The Manager's Desk



**A Picture Is Worth A
Thousand Words....**

I continue to marvel at the enthusiasm and excitement that we as “Hatters” enjoy during Stampede Time. The Wellington is no exception, as was evidenced at our annual pancake breakfast. This is just a couple of the “Wanted” photos that were taken. If you really want to see how many “Wanted” residents and staff there are at The Wellington, check out the picture wall at the east end of the main lobby.

***Linda Hygard,
General Manager***

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General Manager***

Resident Council News 'n Views

House Rules

Once in awhile there is a need to advise new residents and remind long time residents of some of the “house rules” at The Wellington. We appreciate everyone’s assistance to try to maintain a clean and healthy environment for all the residents and staff.

* Please remember to never put rubber backed bath/floor mats in the washers or dryers. The flakes from these mats, plug/block the machines and interferes or breaks the drainage system.

* The **complimentary laundry rooms** are for everyone to use. You are reminded that no food or drink should be brought to the laundry rooms, nor should general household garbage be left in the garbage pails in these rooms. The pails are for tissues, etc. that one might find in their pockets, but not for apple cores, carrot peels, yogurt containers, candy bar wrappings or drink containers. The laundry rooms are cleaned on a weekly basis by staff, but kitchen/food garbage that is left behind for a week can cause unpleasant odours. Please be courteous to your fellow residents and respect the space that has been generously given.

* Recently there have been incidents where Gary has been called to suites to unclog toilet bowls. Please refrain from putting “wet wipes” down the toilet. Over a period of time they will clog the drainage of the toilet and may result in overflows and potential insurance claims.

* A reminder that on the first Monday of each month, volunteer residents travel the halls of The Wellington to collect bottle returns. We need to ensure that there is no kitchen waste in these bags of bottles. If you do not mark the bag with your suite number on the bag (s) they will not be picked up.

This recycling initiative is a fund raising opportunity for Resident Council.

* A very important alert to all residents and their families. **Every Tuesday, from 9-4 pm, paper products** can be discarded for recycling. The Wellington has provided space in the main floor shipping and receiving room for **newsprint, magazines and flyers.**

THAT IS ALL!!!

Please help and do your part to make recycling at The Wellington a win-win opportunity.

Thank you, everyone, for your co-operation.

Every month we celebrate those residents having a birthday. A new card was recently introduced with the flower of the month on the front. We happened to capture this picture of Sylvia just completing the colouring for the July cards. Thank you Sylvia, for the special time you took to colour each card. They are much appreciated!!

There's a new cowgirl in town, just in time for stampede! Please join us in welcoming Cathy as our new Recreation Aide. She has plenty of ideas to share with all of us, so feel free to join in the fun and games!

The Wellington Bulletin Board

Wellington Welcome!

In the true Wellington spirit we would like to extend a warm welcome to our new residents Betty Boschee, Robert Both, Henny Van Eerde, Gwenda Essex, Vera Forbes and Elizabeth McKinley.

We would like to invite all new residents to take full advantage of all the activities that await you.

“Every child is an artist. The problem is how to remain an artist once he grows up.”

Pablo Picasso

Wellington GEM Awards

This month’s Wellington GEM Awards for going the extra mile are awarded to... resident Agnes Bischke for her kindness in welcoming new residents and Christina for her helpful attitude and kindness to residents. Thank you and congratulations to you both!!

Thank you for your nomination!

I saw _____
go the extra mile today!
Reason for nomination:

Date: _____
Signed : _____

“You can never cross the ocean, until you loose sight of the shore.” Christopher Columbus



★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
★ *Riddle Corner* ★
★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Name: _____

Answer: _____

July Answer: Twelve

RIDDLE

What kind of tree can you carry in your hand????

